



The Coaching Agreement Short Version Quiz:

Mark each of the **7** Questions as **True or False** (& decide whether or not you need an answer to #3)

Are We Having Fun Yet? Can you tease apart the good coaching myths from the good coaching practices?

1. It is important to really analyze the problem in detail so that you can come up with the best solution with the client. **T/F**
2. Developing working hypotheses about the cause of the problem will speed up the results for the client. **T/F**
3. Getting clear on all the obstacles that keep your client from reaching her goals will uncover hidden fears and this is important because.....?
T/F
4. The aim of the coach is to make sure the client has solved his problem by the end of the session. **T/F**
5. It is important to give the client good homework assignments to ensure his continued success. **T/F**
6. Sharing what has worked for you in your life helps to establish rapport. **T/F**
7. Complimenting a client for setting a goal that you know will increase her success really reinforces that success. **T/F**

If you're curious about why these were T or F, or you're interested in enhancing your coaching skills we'd like to invite you to read The Coaching Agreement.

You can find it at [Amazon Kindle](#)